



Responding to a Member who may be at risk for suicide

- > **Stay Calm**
- > **Take threatening comments seriously**
- > **Know how to ask directly:** “Are you thinking of killing yourself?”
- > **Know (in advance)** the community referral resources available for mental health crisis intervention and firmly connect the member with appropriate resources
- > **Call the National Suicide Prevention Lifeline, 800-273-8255 (TALK)**, a free, confidential service available 24/7 that connects callers to local, certified crisis lines.
- > **Accompany the individual** to the hospital or other clinical professional
- > **Provide support and care** to family and friends affected by the crisis

Visit the [Faith.Hope.Life. homepage](#) for more information.