

# Faith.Hope.Life Campaign Slides

#### [May be used in lieu of a bulletin insert. May be edited to suit the needs of the faith community.]





Faith.Hope.Life is an initiative of the National Action Alliance for Suicide Prevention

© 2010 NATIONAL ACTION ALLIANCE FOR SUICIDE PREVENTION. ALL RIGHTS RESERVED.



# **Every life is important to God**

- Young and old
- Weak and strong
- Sick and healthy

#### *Your life matters*. Let's celebrate that!





# Life can sometimes feel overwhelming

- Loss of a job or relationship
- Troubles in school
- Mental or physical illness
- Divorce or separation
- Death of a loved one



You might feel worthless, abandoned, isolated but there is <u>HOPE</u>





# **This is HOPE:**

- In God's time, our troubles will subside
- Through our connections to God and to one another we can find strength for *each day*
- Each of us is here for a reason
- Moment by moment, there is *help* and *hope*







## Your life is important!

- To others
- To the world we live in
- To God

#### God knows your *joys* and *triumphs*.

God knows your struggles and failures.





# When God seems far away, there are people who can help.

Friends

Clinical professionals: counselors, therapists, doctors

Your minister, priest, imam or rabbi [insert name you use in faith community] Loved ones

**Co-workers/Colleagues** 

Others here at

[insert name of faith community]





# Anyone can be God's listening ear when we feel most troubled and alone!



© 2010 NATIONAL ACTION ALLIANCE FOR SUICIDE PREVENTION. ALL RIGHTS RESERVED.



# If you or someone you know has lost hope, is feeling alone, or like life doesn't matter... *reach out for help*.

This is especially important if there are thoughts of hopelessness, suicide or wanting to die.





#### **Resources for help**

 National Suicide Prevention Lifeline (24/7) 1-800-273-TALK (8255) For information or to chat, go to: <u>www.suicidepreventionlifeline.org</u>



[Add local resources including contacts in your faith community]





#### Faith.Hope.Life is an interfaith initiative of the

#### **National Action Alliance for Suicide Prevention**

www.faith-hope-life.org





© 2010 NATIONAL ACTION ALLIANCE FOR SUICIDE PREVENTION. ALL RIGHTS RESERVED.