Faith.Hope.Life Campaign Slides

[May be used in lieu of a bulletin insert.
May be edited to suit the needs of the faith community.]
Every life is important to God

- Young and old
- Weak and strong
- Sick and healthy

*Your life matters. Let’s celebrate that!*
Life can sometimes feel overwhelming

- Loss of a job or relationship
- Troubles in school
- Mental or physical illness
- Divorce or separation
- Death of a loved one

You might feel worthless, abandoned, isolated—but there is **HOPE**
This is HOPE:

- In God’s time, our troubles will subside
- Through our connections to God and to one another we can find strength for each day
- Each of us is here for a reason
- Moment by moment, there is help and hope
Your life is important!

- To others
- To the world we live in
- To God

God knows your joys and triumphs.

God knows your struggles and failures.
When God seems far away, there are people who can help.

<table>
<thead>
<tr>
<th>Friends</th>
<th>Loved ones</th>
</tr>
</thead>
<tbody>
<tr>
<td>Clinical professionals: counselors, therapists, doctors</td>
<td>Co-workers/Colleagues</td>
</tr>
<tr>
<td>Your minister, priest, imam or rabbi [insert name you use in faith community]</td>
<td>Others here at [insert name of faith community]</td>
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</tbody>
</table>
Anyone can be God’s listening ear when we feel most troubled and alone!
If you or someone you know has lost hope, is feeling alone, or like life doesn’t matter... reach out for help.

This is especially important if there are thoughts of hopelessness, suicide or wanting to die.
Resources for help

- National Suicide Prevention Lifeline (24/7)
  1-800-273-TALK (8255)
  For information or to chat, go to:
  [link](www.suicidepreventionlifeline.org)

- Pathways2Promise: Ministry and Mental Illness
  [link](www.pathways2promise.org)

- [Add local resources including contacts in your faith community]
Faith.Hope.Life is an interfaith initiative of the National Action Alliance for Suicide Prevention

www.faith-hope-life.org